



How to use the Vial of Life Properly

How the Vial of Life Works

What goes in the Vial?

There are 4 simple steps to getting your Vial of Life kit ready. You can also save and store your Vial of Life information at VialofLife.com for easy access for changing medical and doctor information in the future.



1. Fill out the Vial of Life form

- Fill out the backside of the Vial of Life form. Answer all or any pertinent questions.
- Make blank copies of this form to keep your information current or maintain and store your updated information online with us.



2. Place the decal on front of a plastic baggie

Place the form you filled out in the plastic baggie.
You may also consider placing the following items in the baggie.

Copy of EKG
Living will or equivalent
DNR (Do Not Resuscitate)
Recent Picture of yourself



3. Place the baggie on your refrigerator door

- Securely tape plastic baggie on the front of your refrigerator door.
- Place the decal on your refrigerator – this could be on the front or side of the refrigerator, whichever is easiest for EMS personnel to see and access.



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4. Place the second decal on your front door

- Place the decal on the front door so it can easily be seen by anyone responding to an emergency.

You can store and print out the form.

Storing the form allows you to come back later, change the information and reprint an updated copy. Storing your information is not necessary... it's an added convenience for you. Any information stored on this site will be maintained for you as stated in our Privacy Policy. Simply... all information is confidential and we will never disclose or share your information.